



Hull Catering

Hull Catering Primary Lunch Menu Week Three

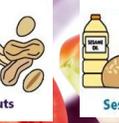
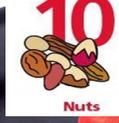
Week Commencing - November 16th, December 7th, January 11th, February 1st March 1st, 22nd

EAT WELL
DO WELL



ALLERGENS

Week 3	MEAT FREE -MONDAY	TAKE AWAY-TUESDAY	WARMING-WEDNESDAY	TRADITIONAL THURSDAY	FISH SHOP-FRIDAY
Option 1	Mac N Cheese (1,2,7,9) Garlic bread (2,4,7) and Seasonal vegetables	Chicken breast Burger (2) with Oven baked Wedges (2) Served with Coleslaw and sweetcorn (4,7,9)	Warming Chicken Hotpot (1,14) Leeky mashed potato (7) Seasonal Vegetables	Roast Turkey Roast Potatoes/Mash potato (7) Yorkshire Pudding (2,4,7) Seasonal Veg &Gravy	Breaded fish(2,5), fish cake (2,5,13) or fish fingers(5) served with chips and peas/ beans
Option 2	Spinach and Cherry Pasta (1,7) Garlic bread (2,4,7) and Seasonal vegetables	Quorn Chicken Burger (2) with Oven baked Wedges (2) Served with Coleslaw (4,7,9) & Sweetcorn	Warming vegetarian sausage Hotpot (2,13,14) Leeky mashed potato (7) Seasonal Vegetables	Quorn roast (4,7) Roast Potatoes/Mash potato Yorkshire Pudding (2,4,7) Seasonal Veg &Gravy	Fishless fingers (1,2) or Broccoli & tomato crustless quiche (4,7) served with chips and peas/ beans
Option 3	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)	Jacket potato topped with , cheese (7), beans, tuna (4,5,7,9) served with salad including coleslaw (4,9)
Option 4	Cheese Wrap (2,7) served with side salad including coleslaw (4,9)	Turkey sandwich (2,13) served with side salad including coleslaw (4,9)	Egg Mayo Roll (2,4,7,9,12) served with side salad including coleslaw (4,9)	Ham sandwich (2,13) served with side salad including coleslaw (4,9)	Tuna mayonnaise wrap (2,4,5,7,9) served with side salad including coleslaw (4,9)
Hot Dessert	Butterscotch filled tart (2,4,7) served with custard (7)	Rice Pudding topped with man- derine (7) served with custard (7)	Jam and coconut sponge (2,4,7) served with custard (7)	Chocolate Sponge (2,4,7) served with custard (7)	Warm Summer Fruits served with a Viennese Whirl (2,4,7) served with custard (7)
Cold Dessert	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)	Fruit platter cheese & biscuits (2,7) Fruit jelly pot Angel whirl (7) Yoghurt (7)



Daily – Salad and/or Vegetables accompany all our meals along with freshly baked bread.